In this tutorial I'm going to demonstrate the simplest way to populate an online store with your own food items and products. We'll start by going to our dashboard and we'll go to all products. Basically, what we're going to do here is duplicate or replicate a product. But we need to find a product that most closely resembles the one that we want to duplicate. So, if I were going to add, for example, candies to my menu, my dessert menu, cookies would be a good one to use to duplicate and you'll see why when we start making the adjustments here. So, we're going to call this candy. And we also want to make the adjustment here on the permalink. And we can paste some information here about our candy and also in the description on the bottom here. Instead of describing cookies, we simply described our gourmet jelly beans. I'm going to use that in my product section here, for my label. Instead of choose cookies, I'm going to call it gourmet jelly beans. Description, well we could put anything here that we want, but let's leave it blank for now. Let's set our prices up at 2, 3 and 5, for a one pound bag and maybe we could have a ½ lb. bag here. And let's say our $2 item is a ¼ lb. bag. Now we'll go to our product, remove the product image and set a new product image using our jelly beans. I recommend that we use just a thumbnail image, maybe cropped down to 200 by 300 is about all that's required. And we want to make sure that we put our newly created product in the right category. It's in dessert, you can put your product in any category you want to of course but desserts will do. Publish that and update, then we can go view our products in the browser. Looks like everything is OK here. We have candy, gourmet jelly beans 1/4 pound, ½ lb. one lb. bag, with the prices adjusted accordingly. Everything else has been carried over from the cookies item that was duplicated so we don't have to set up our delivery systems, our instructions box or anything like that. So that makes it very easy. Let's go back to the homepage and just check things from the beginning. When we go into dessert you we would expect to see gourmet jelly beans. We'll click candy and everything is in order. So that's just a simple demonstration of how to populate your online store with new food item.